

CHILDREN'S MUSEUM

of NEW HAMPSHIRE

Tiffany Stackpole
First Seacoast Bank
633 Central Avenue
Dover, NH 03820

December 11, 2025

Dear Tiffany,

On behalf of the Children's Museum of New Hampshire, thank you for the \$5,000.00 donation to support the 2025 Jingle Bell Extravaganza! Your sponsorship gift was received on 12/9/2025, and we are grateful for your support which is so important to the success of this event and to our mission of engaging families in hands-on discovery.

CMNH serves nearly 100,000 people each year; of these, nearly 20% are admitted for free or reduced admission programs designed to ensure access for children in financial need or other difficult circumstances. Our goal is for all children and families to be inspired by our exhibits and able to participate in early literacy and STEAM (Science, Technology, Engineering, Arts + Math) programs, artistic performances, virtual programming, family-friendly events and more. Two new exhibits opened in 2025—the Play Loft and Little Farmers—allowing us to welcome more visitors and offer fresh new experiences. Also new is the Wonder & Wellness initiative, offering resources and workshops that highlight simple strategies and activities to support children's emotional wellbeing.

Your gift helps CMNH continue to develop these and more fun and enriching programs for all children in New Hampshire, while continuing to serve as a leading resource for families and educators across the state. On behalf of the thousands of children who will benefit from CMNH initiatives this year, thank you so much. We couldn't do this work without supporters like you!

Sincerely,



Monique Deforge
Director of Development & Community Engagement
Monique@childrens-museum.org



This letter serves as receipt of a tax-deductible contribution made to the Children's Museum of New Hampshire, a 501(c)(3) tax-exempt organization under IRS Section 170 (b)(9)(iii) for federal and state tax purposes.

Our tax id is 02-0363746. No goods or services were provided in exchange for this contribution.



Mission | We exist to ignite children's creative potential through enriching experiences that tap into their talents, stretch them beyond their perceived limits, and build strong, joyful relationships. | The Children's Museum of NH is a 501(c)(3) tax-exempt nonprofit organization.

6 Washington St., Dover, NH 03820 | p 603.742.2002 f 603.834.6275 | questions@childrens-museum.org | www.childrens-museum.org

December 7, 2025

James Brannen
First Seacoast Bank
633 Central Ave
Dover, NH 03820-3449

Dear ~~Jim~~: Jim, Tiffany, and Foundation Board members,

Because of you, students at the Monarch School of New England are receiving more than just school lunch—they're receiving the nourishment and support they need to thrive.

Thanks to your generosity, our expanded lunch program can now provide healthy, balanced meals at no cost to *all* of our students. This change will reduce the financial burden on families, ensure consistent access to nutritious food, and create a more equitable experience for every student.



For our school community, lunch is about more than food. It's about creating a sense of inclusion and belonging. It's about making sure that no child goes without. And it's about supporting each student's readiness to learn, grow, and reach their greatest potential.

We are deeply grateful for your partnership in this effort. Together, we're building a learning environment where all students have what they need to succeed—both in and out of the classroom.

With gratitude,

Jeanette Souther
Executive Director

Thank you for this
generous gift - you're
directly providing 1000
meals for our students .

Amanda Martineau
Director of Community Engagement

Thank you for your gift of \$5,000 received on December 3, 2025. The Monarch School of New England is a non-profit, 501(c)3 organization, Tax ID #: 02-0315196, and affirms that no goods/services were exchanged for this gift. Please retain this letter as your receipt for tax purposes and consult your tax professional as needed. Thank you for your support.



Jan 9, 2026

Happy New Year!

Thank you for partnering with us this past year. Because you chose to join us we have been able to help over 6,000 families in the seacoast communities and beyond by providing food, clothing and household items—all free of charge.

The OB Café is now open Saturday afternoons and Sunday evenings to serve a hot meal. We also provide a warming center to the unhoused population so they have a warm and safe bed to sleep in on those bitter cold evenings.

We have been able to provide after school programming such as: Books and Buddies, Swimming lessons, Karate classes, Back-2-School Bash and homework help. During the summer we host an 8 week summer rec program at the Greenleaf Recreation Center.

Thanks to the overwhelming support of donors and volunteers we were able to provide over 275 complete meal boxes for Thanksgiving to families in the seacoast area. The Christmas Gift Giveaway is a 5-day event that provided over 600 families with gifts for their children for Christmas.

Words cannot express how blessed we are that you partnered with us this year and we wish to extend our sincere gratitude.

If you would like more information or if you wish to volunteer, please visit our website: operationblessingnh.org

In His service,

Tammy Joslyn

Tammy Joslyn
Executive Director
Operation Blessing Inc.

**No products or services were given to receive these funds.
EIN# 02-0364878**

Tiffany Stackpole

From: Meg Marsh <Meg.Marsh@unh.edu>
Sent: Wednesday, April 17, 2024 8:32 AM
To: John Swenson; Tiffany Stackpole
Cc: Susan Entz
Subject: Sincere thanks!

Good morning John and Tiffany,
Wow! We are still counting, but the preliminary results are in and we have successfully completed our largest (603) Challenge raising over \$3.2 million to support students and programs at UNH. We couldn't have done this without underwriters like First Seacoast Bank!

I wanted to follow up to once again thank you for facilitating the generous gift from First Seacoast Bank to support students at UNH, specifically through the Swipe it Forward program. We saw nearly 40% growth in \$\$ raised to support the program during this year's challenge and overall 270% growth including your generous support, which brought the total to nearly \$8,100. (And this number doesn't include any other bonus funds or matching that donors received from overall challenges that we had running) The bottom line is that you really made a difference and these funds raised will directly benefit so many students at UNH. Thank you for truly making a difference and investing in our Wildcat community!

We have a great idea about doing a "Donor spotlight" on the Student Basic Needs page that I would love to discuss further Tiffany. I will send a separate email about that.

Have a great day and enjoy the spring weather that we've been patiently waiting for!
Best,
Meg

Meg Marsh
Sr. Director of Annual Giving
University Advancement | Elliott Alumni Center | 9 Edgewood Road | Durham, NH 03824
Phone: 603-862-0155 | Email: meg.marsh@unh.edu | Web: unh.edu/give





OFFICIAL TAX RECEIPT

First Seacoast Bank
633 Central Ave
Dover, NH 03820-3449

Dear First Seacoast Bank:

The UNH Foundation gratefully acknowledges your 9/15/2025 gift in support of:

Memorial Union Building (MUB) Programming and Student Activities

Payment: \$2,500.00

Because of you, students, faculty and staff can be part of a university community that is strong with academic rigor, where challenges are overcome through innovation, and where the next generation of changemakers find their passions and pursue them.

Across UNH's Durham, Manchester and Concord campuses, you are making a difference in the lives of current and future students and faculty, and sustaining our programs and facilities far into the future.

Thank you for your thoughtful gift, and your continued belief in UNH.

Sincerely,

Deborah Dutton, President
University of New Hampshire Foundation, Inc.

rev-11037841|8-10034035

Gifts to the University of New Hampshire and the University of New Hampshire Foundation, Inc. are tax deductible as allowed by the law. Please retain this letter as your official receipt, and as verification that no goods or services were provided in exchange for your contribution.

Established in 1989, the UNH Foundation is an independent charitable organization dedicated to increasing private support for the University of New Hampshire which includes the main campus in Durham, UNH Manchester, and UNH Franklin Pierce School of Law in Concord.

**Thank you
for your gift!**

Elliott Alumni Center
9 Edgewood Road
Durham, NH 03824-1934

(800) 891-1195
Fax (603) 862-1753
foundation.unh.edu



August 5, 2025

First Seacoast Bank
Tiffany Stackpole
633 Central Ave
Dover, NH 03820-3599

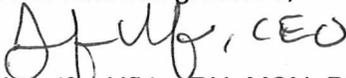
Dear Tiffany,

Thank you so much for your generous contribution of \$2,500 to Cornerstone VNA in support of our 9th Annual Caregivers Connect event. Your continued support and unwavering stewardship over **all nine years** of this meaningful gathering is truly extraordinary. We are deeply grateful for your commitment to uplifting family caregivers in our community.

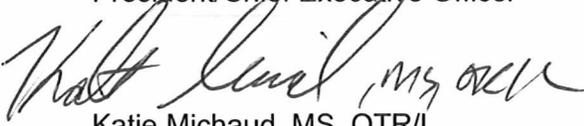
This year's event was especially memorable, our most well-attended Caregivers Connect since the onset of COVID-19! In fact, we've officially outgrown the Comfort Inn conference center and are already looking ahead to securing a larger venue for 2026. Our attendees gained valuable insights from Krissy Wuerdeman, MS, CVT, CDP, CIH, as she shared her expertise on "Utilizing Validation as an Effective Tool in Mindful Caregiving". They also enjoyed creating beautiful bouquets at the flower bar hosted by Nowadays Flower Farm, and found comfort and camaraderie in connecting with fellow caregivers who understand their unique journey.

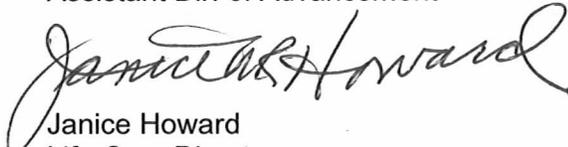
Thanks to your support, this event continues to be a source of knowledge, encouragement, and community for those who need it most.

With heartfelt gratitude,


Jennifer Ufkin, RN, MSN, BC-NC
President/Chief Executive Officer

 This is such a special support - thank you!
Ann Vennard
Assistant Dir. of Advancement


Katie Michaud, MS, OTR/L
Community Care Director


Janice Howard
Life Care Director

Cornerstone VNA is a 501(c)(3) organization. Tax ID Number: 02-0231026. As required by law, I must inform you that Cornerstone VNA has not provided you with any goods or services in exchange for your contribution. Please use this letter for your tax purposes.

Barrington Community Food Pantry
PO Box 208
Barrington, NH 03825

December 30, 2025

First Seacoast Community Foundation, Inc.
633 Central Avenue
Dover, NH 03820

Dear First Seacoast Community Foundation, Inc.,

Thank you for your kind and thoughtful donation. We are fortunate to have your support.

Your gift lets us provide monthly food boxes to all our clients, children, adults, and seniors. In addition, we provide Holiday Baskets in November and December. Your donation will contribute greatly to this project.

It is with thoughtful donations like yours that make it possible to serve our friends and neighbors who struggle to provide for their families.

Thank you for helping with this important community work.

Sincerely,



Erin Paradis
Barrington Community Food Pantry Volunteers

Amount: \$3,000.00
Date: December 16, 2025
Check: 0195

The Barrington Community Food Pantry is exempt from Federal Income Tax under Section 501(c)(3) of the Internal Revenue Code. Contributions are deductible under Section 170 of the code.



May 14, 2025

Tiffany Stackpole
First Seacoast Bank
633 Central Avenue
Dover, New Hampshire 03820

Dear Tiffany,

Thank you for your recent donation of \$2,500 to Oyster River Womenade.

From assisting a college student who needed help with a car repair, an injured person who needed help with her podiatrist bill, a family needing help with their propane and water bill and a car repair for a woman who experienced a stroke, Oyster River Womenade is the last resort for our neighbors who find themselves in financial distress.

With your generous support, we will be able to provide financial assistance to our neighbors in Durham, Lee, Madbury, and Newmarket when they have nowhere else to turn. Together, we strive to ensure that when a one-time crisis occurs it does not spiral out of control.

“The idea is simple; the impact is immeasurable”

Thank you,

The Oyster River Womenade Board

Nicole Bernarducci
Heidi Chase
Cheryl Hoffman
Kandie Bonica

Allie Kovalik
Amanda Letscher
Susan Swass
Cathi Temple

info@orwomenade.org
Tax ID # 20-4735844

378.9059 • 378.9059
MAY 14 2025

PO Box 554 • Durham, NH 03824-554 • www.orwomenade.org

Neighbors Helping Neighbors



April 27, 2025

Tiffany Stackpole
First Seacoast Bank
633 Central Ave
Dover, NH 03820

Dear Tiffany,

On behalf of **My Breast Cancer Support's** staff, board, and the patients we serve, we thank you for supporting our mission with ***your donation of \$3,500*** which we received on April 4, 2025. Your generosity is incredible, and we truly value our partnership!

When My Breast Cancer Support (MBCS) steps in to make a mortgage payment or to pay for gas or oil to heat a home, patients are freed to focus on their health and recovery. The monetary impact of a cancer diagnosis often finds families depleting their savings, borrowing money, or entering bankruptcy and, sadly, financial toxicity negatively impacts patient outcomes.

Newly-diagnosed breast cancer patients do their best to get through treatment and maintain their households, despite compromised immune systems and higher risks all around them. Last year, 34% of our financial support went to housing, 19% helped with transportation/gas and the rest helped with groceries, home heating, utilities, wellness and household bills.

Your support makes a tangible difference by allowing us to fulfill our mission of providing financial and emotional support to local breast cancer patients and their families on the seacoast of New Hampshire and in southern Maine.

Thank you for generously supporting our mission at My Breast Cancer Support.

With gratitude,

Jennie Halstead

Jennie Halstead
Executive Director, Survivor 
<https://www.mybreastcancersupport.org/>

*Thank you for
the sponsorships!*



June 2, 2025

Mr. James Brannen, CEO
First Seacoast Bank
633 Central Avenue
Dover, NH 03820

Dear James,

We would like to take this opportunity to extend our heartfelt thanks and express our deepest appreciation for the generous financial support First Seacoast Bank recently provided to Southeast New Hampshire Habitat for Humanity (SENH Habitat) on May 15, 2025.

Donations, event sponsorships, grant funding, and support from compassionate individuals and community-minded businesses like First Seacoast Bank empower us to continue building safe, decent, and affordable homes right here in southern New Hampshire. Your support offers a meaningful "hand up" to families striving for strength, stability, and self-reliance.

We are especially thrilled to welcome First Seacoast Bank as the Presenting Sponsor for the 9th *Annual Building Houses, Building Hope Golf Tournament* on Monday, August 11th! Your generous \$6,000 donation will directly support families as they work to break the cycle of poverty and build a more secure future.

Please know that your support truly means the world to everyone at SENH Habitat. We are grateful for your partnership and commitment to our mission.

With gratitude,

A handwritten signature in blue ink that reads "Marcie".

Marcie Bergan
Executive Director
One Middle Street, Suite 200
Portsmouth, NH 03801
(603) 433-9555

Southeast New Hampshire Habitat for Humanity ("SENH HFH") is an affiliate with Habitat for Humanity International and continues to be considered a subordinate under the group tax exemption umbrella of Habitat for Humanity International, Inc. ("HFHI") under section 501(c)(3) of the Internal Revenue Code. SENH HFH Employer ID Number: 02-0475356, HFHI Group Exemption Number: 8545



More than a building, more than books—
where community comes together.

March 12, 2025

First Seacoast Bank
633 Central Ave
Dover, NH 03820

Dear First Seacoast Bank,

Thank you for your generous donation of \$5,000 on February 19, 2025 to the Barrington Library Foundation.

With your help, we will be able to purchase some new furniture for our larger library, including more seating in the program room, young adult and children's areas. And the planned solar array will help to significantly reduce operating costs in the years ahead.

Please accept our gratitude for your support.

Warmly,

Sarah Pfister

Barrington Library Foundation Member

The Barrington Library Foundation is a 501(c)(3) organization. Tax ID number: 81-3638645. As required by law, we must inform you that Barrington Library Foundation has not provided you with any goods or services in exchange for your contribution. Please use this letter for your tax purposes.

December 5, 2025

Ms. Tiffany Melanson Stackpole
First Seacoast Bank
633 Central Ave
Dover, NH 03820-3449

Dear Tiffany,

Thank you for First Seacoast Bank's matching donation of \$5,000.00, received on December 1, 2025, for #GivingToothsday. Thanks to your continued support, we were able to raise \$13,000 to support our dental programs on this global day of giving!

Your generous contribution plays an essential role in supporting our mission of providing accessible health care to individuals and families in our community – care that's delivered in a respectful, personalized, and high-quality manner. Our integrated health, dental, behavioral health, and family support services are provided to *all*, regardless of ability to pay.

Our community health centers are vital to the Seacoast's social and physical infrastructure. Like all health care providers, we are challenged by uncertainties in the evolving health care landscape. Insurance reimbursements and government funding support some of our costs but we rely on the generosity of our community to serve the 15,000 people who depend on us for care.

Thank you for trusting in our mission.

With gratitude,



Joann Neumann
Chief Development Officer

P.S. Please reach out should you have questions or wish to learn more about the programs your donation supports. I can be reached at (603) 766-1798 or jneumann@familiesfirstseacoast.org. !

RECEIPT
Check Amount: \$5,000.00
Check #: 0186
Check Date: 11/14/2025



No goods or services were provided in exchange for this contribution. Families First and Goodwin Community Health are members of Greater Seacoast Community Health - a 501(c)(3) tax exempt, not-for-profit organization; EIN #02-0304203.



Thank you so
much!
Kerry

November 26, 2025

Tiffany Stackpole
633 Central Avenue
Dover, NH 03820-3599

Dear Tiffany,

On behalf of everyone here at Hope on Haven Hill, please accept my heartfelt thanks for your donation of \$257.50. It is through the generosity of our supporters in the community that we were able to provide recovery services and supportive housing and programs for our pregnant, postpartum, and parenting women and their children.

As one of only two facilities in New Hampshire that serves pregnant and postpartum women who are homeless, or imminently homeless with a substance use disorder, we are constantly made aware of the great need for the programs we offer through our outpatient services at the Center for Hope and Wellness, our residential program on Haven Hill, and at Abi's Place Recovery House. Your donation will help us to continue to meet the needs of the women and babies who seek our assistance.

Once again, thank you for supporting Hope on Haven Hill! It is because of caring and generous donors in our community that we can continue to save lives and create healthy, happy families.

Warm regards,

Kerry Norton, RN
Executive Director, Hope on Haven Hill

PS - If you'd like more information about HHH's programs and to see the impact of your support please email me at knorton@hopeonhavenhill.org to arrange a tour of our new Center for Hope and Wellness.

Gift Details

Donation Amount: \$257.50

Payment Information: Credit card payment received 10/29/25

Please keep this letter as a receipt for your tax purposes. Donations are tax deductible to the extent allowed by law. No goods or services were received in exchange for this gift.

Hope on Haven Hill is recognized as a 501c3 organization. Tax ID# 47-4623824



November 3, 2023

Sarah Frase
First Seacoast Bank
633 Central Ave
Dover NH 03820

On behalf of Thanks 4 Giving Charity, thank you for your generous donation of \$500.00. This letter serves as formal acknowledgement that your donation has been received. The Thanksgiving Celebration provides a Thanksgiving meal to local individuals and families who face food insecurity and other challenges. Last year, dinner for over 250 was again served at Blue Latitudes. We also delivered over 500 meals for those that could not attend. Without the support of our generous donors, like you, this event would not be possible. Your support is more meaningful than ever, and we thank you for your tax-deductible donation that will help us meet our goal of providing Thanksgiving meals!

Our mission is to contribute to the well-being of the greater Seacoast region by celebrating the spirit of community, connecting people and inspiring community-led change. We thank you again for your investment in our community and your support of our organization.

Sincerely,

Jeff Roemer & Michael Steinberg

Co-Chairs, Thanks 4 Giving Charity Board of Directors

As required by the Internal Revenue Service, this letter shall confirm that Thanks 4 Giving Charity, EIN #87-2076162 provided no goods or services in exchange for your contribution, making it tax deductible to the extent allowed by law.

November 17, 2023

Ms. Tiffany Melanson Stackpole
First Seacoast Bank
633 Central Ave
Dover, NH 03820-3449

Dear Tiffany,

Thank you for First Seacoast Bank's donation of \$5,000.00, for our Giving Tuesday challenge match. We received your check on November 13, 2023.

Community health is the collective well-being of community members. Our mission to provide comprehensive care – regardless of ability to pay – helps to create a healthy community for everyone.

Without the safety net provided by our network of health and family support centers, many of our neighbors would be forced to take measures such as cutting back on food and utilities. They may find themselves borrowing money to pay medical and dental bills, or skipping treatment altogether. We strive to remove obstacles and help people navigate the health care system at a time when they may not be at their physical, emotional, or financial best.

Your support plays an essential role in Greater Seacoast Community Health's ability to not only treat illness but to maintain wellness. We deeply appreciate your commitment to a healthier and more resilient community.

Sincerely,


Joann Neumann
Development Director

RECEIPT
Check Amount: \$5,000.00
Check #: 0170
Check Date: 11/2/2023

Happy Thanksgiving!

Families First Health & Support Center and Goodwin Community Health are members of Greater Seacoast Community Health - a 501(c)(3) tax exempt, not-for-profit organization; EIN #02-0304203.

GetCommunityHealth.org

Families First Health & Support Center 8 Greenleaf Woods Drive #100 Portsmouth NH 03801 | 603.422.8208

Goodwin Community Health 311 Route 108 Somersworth NH 03878 | 603.749.2346

Lilac City Pediatrics 180 Farmington Road Rochester NH 03867 | 603.335.4522

**The New Hampshire Jump\$tart Coalition
for Personal Financial Literacy
is grateful for your 2024 sponsorship.**

**With your support, we will continue to
pursue our mission of improving the
financial literacy of children in
the Granite State.**





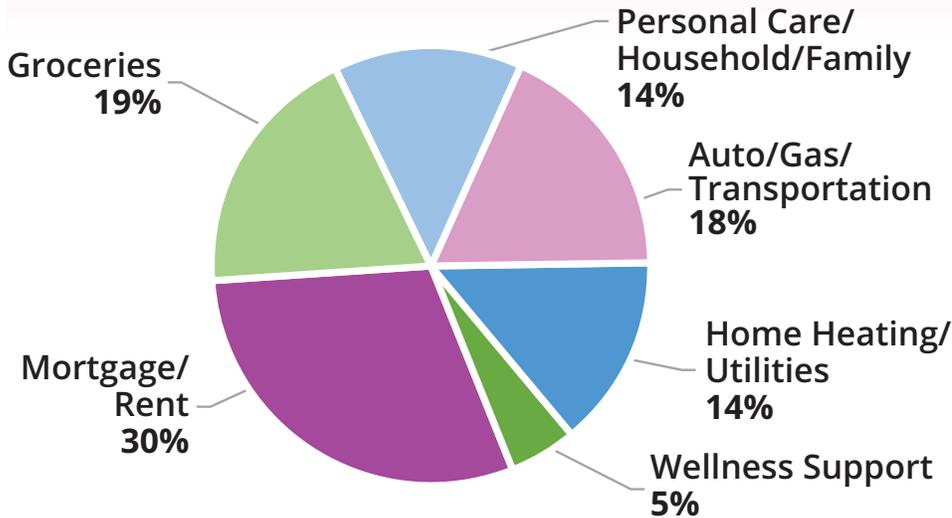
2023 COMMUNITY IMPACT

Your support helps us provide financial and emotional support to thousands of breast cancer patients and their families on the seacoast of New Hampshire and in southern Maine.

Financial grants help cover today's basic needs so that patients can focus on getting well.

2023 FINANCIAL SUPPORT GRANTS

In 2023, Your Support Provided:



Last year, we fulfilled 119 individual Financial Support Grants to alleviate the stress of nearly 300 bills and expenses.

IN ADDITION, WE PROVIDED:



382 gift bags with support items to newly diagnosed breast cancer patients



\$13,600+ in gift cards for Hope Chests at our partnering cancer centers



In 2024, the **Gas Grant Program** will be reinstated, providing eligible patients **\$200** in gas cards to get to their treatments

CUMULATIVE IMPACT OVER THE PAST 10+ YEARS

\$1.22

Million in Financial Support

\$200,000

in Gift Cards for Hope Chests

THOUSANDS

of New-patient bags

OUR MOTIVATION

- 🌸 **NEW HAMPSHIRE** has the second highest rate of breast cancer in the country*
- 🌸 A woman has a **1 in 8 chance** of being diagnosed with invasive breast cancer in her lifetime
- 🌸 More than **43,000 women** will die from breast cancer in 2022 (*one every 13 minutes*)
- 🌸 Breast cancer is the **second leading cause** of cancer death in women

*ACS 2023



The Story of Ms. B

We would like to share a short story about an interaction one of our cancer centers shared with us about a young woman we will call “Ms. B.”

“I met Ms. B in my office for the first time several months ago. She is in her 40s and had been recently diagnosed with stage II breast cancer. She was recovering from a bilateral mastectomy and sat in front of me alone and in tears, as we discussed her upcoming post-operative chemotherapy. She was feeling nervous about treatment, afraid she would be nauseous, tired, and unable to perform her role as a caregiver to her two children during treatment. In the span of one hour, we talked about the usual things: how we need to see her at least once a week, how she will need to get her labs done a day before treatment, how she’d have to return the day after treatment for an injection, how she needs to remember to take her various medications, how we have supportive care clinicians and social workers to support her, how our pharmacists and nurses would talk her through her treatments, which symptoms to monitor for, and when to call us, that she will need to meet with a radiation oncologist to discuss the possibility of radiation after chemotherapy, how after chemotherapy is done, we will start her on hormonal therapy... she continued to look at me with fear and apprehension. I told her we would walk her through this, that it was normal to be nervous about cancer treatment, and how she can call us anytime. Sensing there was something else on her mind, I asked what else I could do to help ease her mind. She told me in a small voice, and with some embarrassment, “This is getting expensive. I’m afraid I won’t be able to drive myself to these appointments. We survive off my husband’s income, and he cannot afford to take time off from work. And my two kids still live at home with us, and even buying food is hard right now.”

I had just told a young woman that she needs intensive chemotherapy, radiation, and hormonal treatment. One where she will experience fatigue, discomfort, a substantial risk of infection, the potential for nausea, vomiting, and many other side effects. A treatment that will help prevent her cancer from returning and potentially spreading, so she can live to see her children grow up. And her most pressing concern was how she could afford to get back and forth to our office.

Without MyBCS, Ms. B and I are both left without a satisfying solution. I, as her provider, will wonder if there are any financial grants for cancer patients like her available at all, and if there are, how long will it take to get her the help she needs? We need to start treatment tomorrow. Should I reach into my own pocket? Is that ethical? And what about the other 5 patients who will need financial support this week? But without the ability to pay for her gas to and from appointments, will Ms. B stop coming? Will she have to sacrifice her potential survival because of the financial toxicity?

Well, this story has a happy ending. I smiled at Ms.B. I told her that I have something that could help. I reached into the My Breast Cancer Support Hope Chest behind our front desk, and immediately offered her a gas card and a grocery store gift card. I told her my nurse would start a MyBCS grant application to help pay for her expenses while she focuses on getting well. Her tears fell harder, and we hugged. Instead of being devastated, she left our visit hopeful. Instead of being defeated, I left our visit energized. So, I can tell you first-hand that MyBCS... (is) making a true and measurable impact each and every day to our patients and the people who care for them.

MyBCS serves as a place of emotional support and solidarity for women and men thrown into an impossible life situation after a breast cancer diagnosis. Continue to show up for the survivors in the community. Continue to advocate for organizations like MyBCS which contribute to the financial and emotional health of the person who will be diagnosed with breast cancer tomorrow. These are our mothers, our sisters, our cousins, our aunts, our friends; and for many here, they are us. All of us have known someone diagnosed with breast cancer. If you are listening today and are lucky enough to have no one in your life afflicted with breast cancer, I assure you, you do. She taught you in high school. She made you your morning coffee. She works in the office down the hall. She is your doctor. She packaged your items at the grocery store. Please continue to show up for them. Please continue to support their mission so that we can continue to support them during their treatment and beyond it. Please spread the word in your communities about the work MyBCS is doing to improve the lives of those with breast cancer on the seacoast. Your support means the world to those undergoing treatment, surviving breast cancer, serving as caregiver for a person with breast cancer, and providing treatment to those with breast cancer.”

~ Lauren Zanetti, PA-C, NECS



The
MAYHEW
Program

PO Box 120
293 West Shore Road
Bristol, NH 03222

603-744-6131
email: mayhew@mayhew.org
www.mayhew.org

*Tiffany and
Wayne,
Happy birthdays!*

Fall 2022

Tiffany Melanson
633 Central Ave
Dover, NH 03820-3599

Dear Tiffany,

Mayhew makes me feel like I can always be myself. When I'm at school, I normally put up a facade just so I don't have to worry about people not liking me.

-- *Wayne*, age 15

Mayhew has been a lifesaver for my son especially with him losing his father...I truly believe Mayhew helped *Carl* through one of the toughest times of his life. It has helped him through his grief, helped him learn problem solving, has drastically helped with his anxiety and improved his coping skills.

-- *Carl's mom*

Helping the boys build these experiences and skills – now and into their futures -- demands a vibrant and dedicated team. And this team very much needs *you!*

You and so many like you keep Mayhew strong and tuition-free for the boys and their families. Through the summer. Through the school year. For all eight years of the program. We have all faced steep challenges these past few years. This is especially true for *Wayne*, *Carl*, the 200 other boys here – and their families.

Can you help them rise to the challenges ahead by making a financial contribution? Might you also consider spreading word of Mayhew's work to a friend or two?

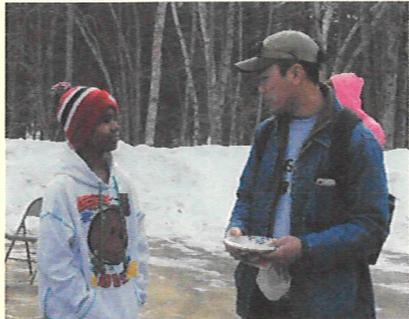
Every bit of help says, "**You can,**" to the boys!

With gratitude and hope,

Jim Nute

Jim Nute, Executive Director

A good start...



...on the future



December 21, 2022

Administrative Offices:

577 Central Avenue, Suite 10
Dover, NH 03820
603-435-2500

First Seacoast Bank
Attn: Amanda Gagne
633 Central Ave.
Dover, NH 03820

Early Childhood Centers:

577 Central Avenue, Suite 50
Dover, NH 03820
603-285-9460

Dear Amanda,

On behalf of Community Action Partnership of Strafford County, **thank you for your generous donation of 210 pounds of food to our food pantry**, which we received on November 22, 2022. We are so grateful for your partnership and support!

120 Main Street
Farmington, NH 03835
603-755-2883

Our mission at CAPSC is to reduce barriers to help clients improve their economic stability and well-being through education, advocacy, and partnerships. But we can't do it alone. **It is because of you, our most important partner in the fight against poverty, that CAPSC is able to provide for those experiencing food insecurity, help those that are unsheltered, educate our children, heat and weatherize homes, provide transportation for seniors, and so much more.**

150 Wakefield Street, Suite 117
Rochester, NH 03867
603-285-9461

2022 has been a challenging and stressful year for many families in Strafford County, and your donation this holiday season is more important than it has ever been. **Without the generosity of donors like you, many families would have to make hard choices this year: whether to heat their homes or feed their children, whether to pay their electric bill or buy their medications, whether to pay their rent or receive medical care.** CAPSC believes no one should have to make these unimaginable choices, and your donation will help us to ensure that no one will have to.

46 Stackpole Road
Somersworth, NH 03878
603-817-5458

Family Resource Centers:

577 Central Ave, Suite 50
Dover, NH 03820
603-435-2500

It is your generosity that makes it possible for us to fill the void where so many families are falling short this winter. **You are the spirit of the holiday season, and your gift is the hope that fills so many of our neighbors and lets them know there is someone who cares.** Your donation, your investment in CAPSC, makes a difference not only today but throughout the year and beyond. You truly are the heart of our organization and the reason we are able to do so much in the community. On behalf of all the families we serve, thank you!

10 Cold Spring Manor
Rochester, NH 03867
603-435-2500

Outreach Office:

577 Central Avenue, Suite 20
Dover, NH 03820
603-435-2500

Sincerely,

A handwritten signature in blue ink, appearing to read "Sophie Aikman", with a long horizontal flourish extending to the right.

Sophie Aikman
Development Manager

P: 603.435.2500

saikman@straffordcap.org

Food Pantry:

577 Central Avenue, Suite 10
Dover, NH 03820
603-435-2500

As required by the Internal Revenue Service, this letter shall confirm that Community Action Partnership of Strafford County (EIN# 02-0268636) provided no goods or services in exchange for your contribution, making it tax deductible to the extent allowed by law. Community Action Partnership of Strafford County is not able to assign a value to in-kind gifts. Your potential tax deduction is based on your stated value of the goods and services you provided.



Empowering Teenage Girls Through The Arts.

WWW.ARTSINREACH.ORG

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James R. Brannen
First Seacoast Bank
633 Central Avenue
Dover, NH 03820

Dear James,

Thanks to you the joyous screams and laughter of teenage girls when they first see each other after a year of social isolation are contagious at AIR programs this summer. Because of your \$5,000 to Arts In Reach on 7/17/21, underserved girls have opportunities—free of charge—to make art, express themselves, and gain renewed confidence before returning to school this fall.

Your generosity makes a huge difference in girls' lives as they use the skills and resilience they gain at AIR to become strong women who stand up for themselves and others. As one participant said, "AIR made me a strong women; it made me a women who isn't afraid to pursue my dreams, to ask for what I want! It made me a compassionate human."

Now, more than ever, teenage girls need your support to combat the adverse impact of the pandemic on their mental health and well-being. Your donation is proof of your commitment to improving the lives of NH girls and our next generation of citizens.

Thank you for your generosity!
Gratefully,

Debra Holloway, Ph.D.
Executive Director
debra@artsinreach.org

P.S. Would you like to come visit a program or meet for coffee to learn more about AIR? Please email me to set up a time.

Thank you for supporting teens in your community! It makes a real difference

Arts In Reach is a registered 501(c)3 organization, EIN 20-0507428. Your donation is tax deductible as a charitable contribution. No goods or services were provided in exchange for your gift.



CROSS
ROADS
HOUSE

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Wildolfo (Will) Arvelo
Executive Director

December 2021

Tiffany Melanson
First Seacoast Bank
633 Central Avenue
Dover, NH 03820-3599

*As a member of the Board,
I want to thank you for
your generous support. It
is changing lives!*
Bob Brown

Dear Tiffany,

As the winter months approach, and we continue to work through the challenges of the ongoing pandemic, hundreds of men, women, and children will be turning to Cross Roads House in hope of a safe place to get back on their feet and start over. **Thanks to the support of our friends in the community, last year 135 individuals who sought assistance at Cross Roads House were able to move to permanent housing.** We are writing today to ask for your continued support of our mission to provide emergency shelter, warm meals, and supportive services for Seacoast Area families and individuals in their time of greatest need.

Please accept our heartfelt gratitude for generously donating \$15,000 in our last fiscal year (*July 1, 2020-June 30, 2021*). As a member of our Leadership Giving Society, you are one of our most generous donors. Leadership Giving Society Donors make a tremendous impact in the lives of the hundreds of men, women, and children who seek assistance at Cross Roads House annually, as we must raise more than \$1.2 million from private sources every year to run the shelter.

During this season of giving, please consider renewing your generous support of Cross Roads House. Donations can be made online at www.crossroadshouse.org, or can be mailed to the shelter in the enclosed envelope. Your gift to Cross Roads House will provide families and individuals with the guidance, support, and life sustaining services they need to move from homelessness to a home of their own.

Sincerely,

Wildolfo
Wildolfo (Will) Arvelo
Executive Director

*Tiffany,
Thank you for your
support and best wishes
for the holiday season. Will*

Support from donors like you makes this possible!

The weekend before Suzanne arrived at Cross Roads House, she was sleeping on the porch of a small business in Rochester. There and then, she promised herself she would never sleep outdoors again. That Monday, Suzanne called CRH and started her journey out of homelessness. With the help of her CRH case manager, Suzanne was able to connect with community organizations that provide health care, mental health care, and dental care, and apply for housing assistance. This past summer, Suzanne moved out of the shelter and into her own apartment. She continues to work with a CRH post-shelter case manager to help maintain the housing she worked so hard to find.



Former CRH resident, Suzanne.

Cross Roads House, Inc.
600 Lafayette Road
Portsmouth, NH 03801
Ph 603.436.2218
Fax 603.430.9217
www.crossroadshouse.org
info@crossroadshouse.org



**Barrington American Legion
Roger E. Cardin Jr., Post 114
731 Franklin Pierce Highway
PO Box 532
Barrington, NH 03825**



**Joseph Bystrek
603-664-9972
Commander**

**Chris Sawyer
603-507-1006
Finance Officer**

**First Seacoast Bank
6 Eastern Ave
Barrington, NH 03825**

December 17, 2021

Dear First Seacoast Bank Staff,

Thank you so much for your very generous donation of \$1,500.00 to the American Legion Post 114 on 11/19/21, we truly appreciate it!

As a nonprofit Veteran Service Organization, The Barrington American Legion Post 114 relies on individual support to keep going strong.

Thanks to the support of generous donors like you, The American Legion can continue to provide much-needed assistance to disabled veterans, U.S. military families with children at home who are facing unexpected financial hardships, troops recovering from wounds and illnesses, and the children of fallen troops and disabled veterans.

Here are just a few ways your donation can make a life-changing difference for a hero in need:

- Supply wounded warriors with comfort items during recovery
- Grant scholarships to children of Veterans
- Cover necessary household costs for military families in need, with children at home
- Help with the cost of recovery after a natural disaster strikes the home of a military veteran
- Identify the unmet needs of U.S. military personnel, veterans, and their families, and provide the necessary resources to meet them

The American Legion Post 114 is a Section 501(c)19 Tax Exempt organization (Veterans' Organization) and your donation is tax-deductible within the guidelines of U.S. law. To claim a donation as a deduction on your U.S. taxes, please keep your canceled check as your official record.

Thank you – we couldn't complete our mission without you!

Chris Sawyer



**SEACOAST CANCER 5K
2022 PLANNING COMMITTEE**

Barbara Civiello, MD, Physician Chair
Wentworth-Douglass Hospital

Paul Fennessy, Committee Chair
Community Member, Dover

Kimberly Laderbush, Honorary Patient
Manchester VNA, Elliot Hospital

Richard Berry
Community Member, Somersworth

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Conventures

Paul Jenkins
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Heather Lynch, RN
Wentworth-Douglass Hospital

Arul Mahadevan, MD
Wentworth-Douglass Hospital

Kate Malloy
Purple Finch Events

Toni McKenna
State of NH - Judicial Branch

Michael Meserve
Wentworth-Douglass Hospital

Emily Moore
Wentworth-Douglass Foundation

Cristine More, CFRE
Wentworth-Douglass Foundation

Brenda Mullaney
Wentworth-Douglass Foundation

Judy Pinkham
Wentworth-Douglass Foundation

Jamie Simchik
Simchik Planning & Development

Sarah Varney
Wentworth-Douglass Foundation

October 14, 2022

Ms. Tiffany Melanson
First Seacoast Bank
633 Central Ave.
Dover, NH 03820

Dear Tiffany,

On behalf of the 2022 Planning Committee, thank you for *stepping up* to support the 9th Annual Seacoast Cancer 5K. This event has fast become one of the largest fundraising initiatives in the region and among the largest road races in New Hampshire, and so far this year, thanks to you, we have raised \$330,000 and counting!

Every dollar raised by the Seacoast Cancer 5K stays locally in our community and allows patients to live their lives to the fullest from diagnosis through survivorship. Donations allow the multi-disciplinary care team at the Seacoast Cancer Center to provide complimentary support, wellness, and integrative therapies to care for the mind, body, and spirit of patients and their families. These services offered through the Supportive and Wellness Program make an incredible impact for patients every day!

First Seacoast Bank's gift of \$5,000.00 was received on October 5, 2022 for the Photo Sponsorship of the Seacoast Cancer 5K. Sponsors like you are the driving force behind the success of this event. We are grateful for your partnership and for the impact you are making with your support. If you have any questions about your sponsorship benefits, please do not hesitate to contact me at Judith.Pinkham@wdhospital.org or (603) 609-6678.

Sincerely,

Judy Pinkham
Development Officer, Corporate Sponsorship

*Thank you for all
you and First Seacoast
Bank do for WDH!*

Wentworth-Douglass Hospital & Health Foundation is a 501(c)(3)
organization under tax identification number 51-0491062.



November 10, 2022

Tiffany Melanson
First Seacoast Bank
633 Central Ave
Dover, NH 03820

Dear Tiffany,

On behalf of My Breast Cancer Support's staff, board, and the patients we serve, we want to thank you for your support of our mission with ***your donation of \$3,000*** which we received on October 30, 2022. Your unwavering support of our mission year after year is incredible, we truly value our partnership!

When My Breast Cancer Support (MBCS) steps in to make a mortgage payment or to pay for gas or oil to heat a home, patients are freed to focus on their health and recovery. The monetary impact of cancer diagnoses often find families depleting their savings, borrowing money, or entering bankruptcy, which is more likely to be amplified during the current pandemic. Sadly, research demonstrates that financial hardship negatively impacts patient outcomes.

Newly diagnosed breast cancer patients are still caught in extremely challenging times, trying to get through treatment and maintain their households, despite compromised immune systems and higher risks all around them. Last year, 45% of our patient funding went to household expenses such as rent and heat, 25% put food on their tables, 18% kept their cars running and 12% went to supporting their health. In 2022, the need for financial support for our local breast cancer community is unwavering and steadfast.

With your help and generosity, we will now be able to continue to fulfill our mission of providing financial and emotional support to local breast cancer patients and their families on the seacoast of New Hampshire and in southern Maine.

Thank you for graciously supporting our mission at My Breast Cancer Support.

With gratitude,


Jennie Halstead
Executive Director



PO Box 1576, Portsmouth, NH 03802-1576 * 603.759.5640 * info@mybreastcancersupport.org

My Breast Cancer Support is an independent NH 501C3 non-profit organization

with no affiliation to any national organizations. TAX ID: 43-2072206